Amau bod gennych Haint ar y Llwybr Wrinol (UTI)?

Dyma wasanaeth y GIG sydd ar gael am ddim i ferched 16 - 64 oed. Mae'n gallu eich helpu:

- I drafod eich symptomau â fferyllydd i gael cyngor arbenigol.
- I gael asesiad clinigol i weld a oes gennych haint (gall hyn gynnwys prawf wrin os oes angen).
- I gael y cyngor a'r driniaeth sy'n gywir i chi, gan gynnwys gwrthfiotigau a meddyginiaeth lleddfu poen os yw'n briodol, neu gael eich cyfeirio at rywun sy'n gallu rhoi presgripsiwn os oes angen.

Gofynnwch wrth y cownter am ragor o wybodaeth neu sganiwch y cod QR isod i ddysgu rhagor am Haint ar y Llwybr Wrinol.

Think you have a Urinary Tract Infection (UTI)?

This is a free NHS service open to females aged 16 - 64 and can help you with:

- Discussing your symptoms with a pharmacist to get expert advice.
- Getting a clinical assessment to find out if you have an infection (this may include a urine test if needed).
- Getting the right advice and treatment for you, including antibiotics and pain relief if appropriate, or referral to a prescriber if necessary.

Ask at the counter for more information or scan the QR code below to find out more about Urinary Tract Infections.

111.wales.nhs.uk/encyclopaedia/u/article/urinarytractinfection?locale=cy&term=A
111.wales.nhs.uk/encyclopaedia/u/article/urinarytractinfection?locale=en&term=A

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GIG CYMRU NHS WALES

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