

HELP ME QUIT UPDATE FOR COMMUNITY PHARMACIES DELIVERING SMOKING CESSATION SUPPORT

From June 2019, the Help Me Quit (HMQ) Hub Contact Centre will be asking smokers if they are taking the following medications due to the effects of smoking on drug metabolism. They include the following:

- Clozapine
- Olanzapine
- Aminophylline
- Erlotinib
- Riociguat
- Theophylline

If the smoker discloses taking any of the above medication, they will be asked for consent to inform their prescriber and/or GP of their intentions to access HMQ support to stop smoking. Upon consent, a letter will be sent to the prescriber and/or GP.

A letter for the attention of the Pharmacist will be sent to the smoker outlining the above. There is no action required by the pharmacist and is for information only.

Should you have any questions or would like to discuss this further, please contact Christian Heathcote-Elliott, Principal Public Health Practitioner on Christian.heathcote-elliott@wales.nhs.uk.

**Many commonly used medicines, including some psychotropic drugs, possibly interact with smoking, however not all possible drug-smoking interactions are clinically significant. The listed medications have been reviewed by the Public Health Wales Pharmacy Consultant and limited to but do not exclude others. Further information about drug interactions can be found on NHS Specialist Pharmacy Service: www.sps.nhs.uk (Search term: drug interactions with smoking cigarettes)*